

## ПРИЛОЖЕНИЕ

к статье Е.В. Чумановой, Т.Т. Ефремовой, К.В. Соболева, Е.А. Косяевой  
«Антоцианы и фенольные соединения в окрашенном зерне пшеницы»

**Таблица S1.** Содержание антоцианов в зерне пшеницы с различной окраской

| Grain color | Part of grain | TAC ( $\mu\text{g C3G/g}$ )     | Reference                |
|-------------|---------------|---------------------------------|--------------------------|
| White       | Whole meal    | 7.7                             | Liu et al., 2010         |
|             |               | 2.2                             | Garg et al., 2016        |
|             |               | 13.0                            | Sharma S. et al., 2018   |
| Red         | Whole meal    | 5.1                             | Abdel-Aal, Hucl, 2003    |
|             |               | 9.6                             | Liu et al., 2010         |
|             |               | 1.2–24.6<br>( <i>T. durum</i> ) | Ficco et al., 2014       |
|             |               | 72.4                            | Wang et al., 2020        |
|             | Flour         | 1.6                             | Abdel-Aal, Hucl, 2003    |
|             | Bran          | 10.1                            | Abdel-Aal, Hucl, 2003    |
| Yellow      | Whole meal    | 9.5                             | Liu et al., 2010         |
|             |               | 11.2                            | Wang et al., 2020        |
|             | Flour         | 10.89                           | Saini et al., 2023       |
|             | Bran          | 23.47                           |                          |
| Blue        | Whole meal    | 152.2                           | Abdel-Aal, Hucl, 2003    |
|             |               | 153.1                           | Abdel-Aal et al., 2006   |
|             |               | 82.7–174.3                      | Ficco et al., 2014       |
|             |               | 68.2–137.2                      | Garg et al., 2016        |
|             |               | 96.4–120.6                      | Sharma S. et al., 2018   |
|             |               | 95.2                            | Wang et al., 2020        |
|             |               | 87.6–96.4                       | Gordeeva et al., 2022    |
|             |               | 102.96                          | Iannucci et al., 2022    |
|             | 18.8–21.9     | Sardella et al., 2023           |                          |
|             | Flour         | 21.1                            | Abdel-Aal, Hucl, 2003    |
|             |               | 17.0                            | Siebenhandl et al., 2007 |
|             |               | 103.0                           | Iannucci et al., 2022    |
|             | Bran          | 452.9                           | Abdel-Aal, Hucl, 2003    |
|             |               | 225.8                           | Siebenhandl et al., 2007 |
| 181.6       |               | Iannucci et al., 2022           |                          |
| Shorts      | 245.5         | Siebenhandl et al., 2007        |                          |
| Purple      | Whole meal    | 93.1                            | Abdel-Aal, Hucl, 2003    |
|             |               | 12.8                            | Abdel-Aal et al., 2006   |
|             |               | 34.0                            | Siebenhandl et al., 2007 |
|             |               | 491.1                           | Hosseinian et al., 2008  |
|             |               | 25.4–234.5                      | Liu et al., 2010         |
|             |               | 8.1–50.2<br>( <i>T. durum</i> ) | Ficco et al., 2014       |
|             |               | 16.0–86.1                       | Garg et al., 2016        |
|             |               | 213                             | Abdel-Aal et al., 2018   |
|             |               | 43.9–122.5                      | Sharma S. et al., 2018   |
|             |               | 143.6                           | Wang et al., 2020        |
|             | 58.9          | Gordeeva et al., 2022           |                          |
|             | Flour         | 36.3–72.9                       | Iannucci et al., 2022    |
|             |               | 1.2–14.9                        | Sardella et al., 2023    |
|             |               | 6.9                             | Abdel-Aal, Hucl, 2003    |
| 8.2         |               | Siebenhandl et al., 2007        |                          |
|             | 36.3–72.9     | Iannucci et al., 2022           |                          |
|             | 68.0–206.2    | Saini et al., 2023              |                          |

**Окончание табл. S1**

| Grain color   | Part of grain               | TAC ( $\mu\text{g C3G/g}$ ) | Reference              |                        |
|---------------|-----------------------------|-----------------------------|------------------------|------------------------|
| Purple        | Coarse whole-wheat flour    | 38.4                        | Jiang et al., 2024     |                        |
|               | Fine whole-wheat flour      | 45.1                        |                        |                        |
|               | Superfine whole-wheat flour | 56.3                        |                        |                        |
|               | Bran                        |                             | 235.9                  | Abdel-Aal, Hucl, 2003  |
|               |                             |                             | 423                    | Abdel-Aal et al., 2018 |
|               |                             |                             | 39.2–116.6             | Iannucci et al., 2022  |
|               |                             |                             | 117.9–449.2            | Saini et al., 2023     |
| Bran + shorts | 168.6                       | Siebenhandl et al., 2007    |                        |                        |
| Black         | Whole meal                  | 128.5–198.0                 | Garg et al., 2016      |                        |
|               |                             | 134.0–135.8                 | Sharma S. et al., 2018 |                        |
|               |                             | 277.6                       | Wang et al., 2020      |                        |
|               |                             | 236.7–269.3                 | Gordeeva et al., 2022  |                        |
|               |                             | 25.9–42.9                   | Sardella et al., 2023  |                        |

TAC – total anthocyanin content, C3G – cyanidin-3-glucoside.

**Таблица S2.** Состав антоцианов в зерне пшеницы с различной окраской

| Grain color   | Type of anthocyanin                            | Amount µg C3G/g | Detection method       | References             |
|---|--|-----------------|------------------------|------------------------|
| White   | Cyanidin-3-glucoside                           | n/a             | UPLC/MS                | Garg et al., 2016      |
|   | Cyanidin-3-rutinoside                          | n/a             | UPLC/MS                | Garg et al., 2016      |
|   | Delphinidin-3-galactoside                      | 0.03            | UPLC                   | Sharma N. et al., 2018 |
|   | Malvidin-3-rutinoside                          | n/a             | UPLC/MS                | Garg et al., 2016      |
| Red   | Cyanidin-3-glucoside                           | 0.59–10.23      | HPLC                   | Ficco et al., 2014     |
|   |  | 5.60            | HPLC                   | Shamanin et al., 2024  |
|   | Malvidin-3-glucoside                           | 0.06–0.43       | HPLC                   | Ficco et al., 2014     |
|   | Peonidin-3-galactoside                         | 0.06–3.87       | HPLC                   | Ficco et al., 2014     |
| Blue  | Cyanidin-3-glucoside                           | 20.3            | LC-MS                  | Abdel-Aal et al., 2006 |
|   |  | 1.17–5.57       | HPLC                   | Ficco et al., 2014     |
|   |  | n/a             | HPLC/MS                | Bartl et al., 2015     |
|   |  | n/a             | UPLC/MS                | Garg et al., 2016      |
|   |  | 4.50            | UPLC                   | Sharma N. et al., 2018 |
|   |  | 6.10–11.56      | HPLC                   | Iannucci et al., 2022  |
|   | Cyanidin-3-rutinoside                          | 16.8            | LC-MS                  | Abdel-Aal et al., 2006 |
|   |  | 7.12–10.97      | HPLC                   | Ficco et al., 2014     |
|   |  | n/a             | UPLC/MS                | Garg et al., 2016      |
|   |  | 0.60            | UPLC                   | Sharma N. et al., 2018 |
|   | Cyanidin-3-rutinoside-3'-glucoside             | n/a             | UPLC/MS                | Garg et al., 2016      |
|   | Cyanidin-3-(2G-xylosylrutinoside)              | n/a             | UPLC/MS                | Garg et al., 2016      |
|   | Cyanidin-3-(3'',6''-dimalonylglucoside)        | n/a             | HPLC/MS                | Razgonova et al., 2021 |
|   | Cyanidin-3-(6''-succinylglucoside)             | n/a             | UPLC/MS                | Garg et al., 2016      |
|   | Cyanidin-3-(6''-feruloylglucoside)-5-glucoside | n/a             | UPLC/MS                | Garg et al., 2016      |
|   | Cyanidin with 2 hexose/rhamnose/coumaric acid  | n/a             | HPLC/MS                | Bartl et al., 2015     |
|   | Delphinidin-3-galactoside                      | 4.95            | UPLC                   | Sharma N. et al., 2018 |
|   | Delphinidin-3-glucoside                        | 56.5            | LC-MS                  | Abdel-Aal et al., 2006 |
|   |  | 9.88–18.81      | HPLC                   | Ficco et al., 2014     |
|   |  | n/a             | HPLC/MS                | Bartl et al., 2015     |
|   |  | n/a             | UPLC/MS                | Garg et al., 2016      |
|   |  | 0.40            | UPLC                   | Sharma N. et al., 2018 |
|   |  | 15.50–30.30     | HPLC                   | Iannucci et al., 2022  |
|   | Delphinidin-3-rutinoside                       | 49.6            | LC-MS                  | Abdel-Aal et al., 2006 |
|   |  | 31.77–35.86     | HPLC                   | Ficco et al., 2014     |
|   |  | n/a             | HPLC/MS                | Bartl et al., 2015     |
|   |  | n/a             | UPLC/MS                | Garg et al., 2016      |
|   |  | 2.08            | UPLC                   | Sharma N. et al., 2018 |
|   |  | 36.50–72.51     | HPLC                   | Iannucci et al., 2022  |
|   | Delphinidin-3-sambubioside                     | n/a             | UPLC/MS                | Garg et al., 2016      |
|   | Delphinidin-3-caffeoylglucoside                | n/a             | UPLC/MS                | Garg et al., 2016      |
|   | Delphinidin with hexose and rhamnose           | n/a             | HPLC/MS                | Bartl et al., 2015     |
| Delphinidin with hexose/3 hexose and rhamnose/coumaric acid | n/a  | HPLC/MS         | Bartl et al., 2015     |                        |
| Malvidin-3-glucoside  | 10.26–13.81                                    | HPLC            | Ficco et al., 2014     |                        |
|   | n/a  | UPLC/MS         | Garg et al., 2016      |                        |
|   | 5.50   | UPLC            | Sharma N. et al., 2018 |                        |
|   | 2.10–7.29                                      | HPLC            | Iannucci et al., 2022  |                        |
| Malvidin-3-rutinoside                                       | 2.0  | LC-MS           | Abdel-Aal et al., 2006 |                        |
|   | n/a  | HPLC/MS         | Bartl et al., 2015     |                        |
|   | n/a  | UPLC/MS         | Garg et al., 2016      |                        |
| Malvidin-3-(6''-p-caffeoylglucoside)                        | n/a  | UPLC/MS         | Garg et al., 2016      |                        |

## Продолжение табл. S2

| Grain color  | Type of anthocyanin   | Amount $\mu\text{g C3G/g}$ | Detection method       | References             |                        |
|--|---|----------------------------|------------------------|------------------------|------------------------|
| Blue   | Delphinidin-3-rutinoside  | 49.6                       | LC-MS                  | Abdel-Aal et al., 2006 |                        |
|  |   | 31.77–35.86                | HPLC                   | Ficco et al., 2014     |                        |
|  |   | n/a                        | HPLC/MS                | Bartl et al., 2015     |                        |
|  |   | n/a                        | UPLC/MS                | Garg et al., 2016      |                        |
|  |   | 2.08                       | UPLC                   | Sharma N. et al., 2018 |                        |
|  |   | 36.50–72.51                | HPLC                   | Iannucci et al., 2022  |                        |
|  | Delphinidin-3-sambubioside                                      | n/a                        | UPLC/MS                | Garg et al., 2016      |                        |
|  | Delphinidin-3-caffeoylglucoside                                 | n/a                        | UPLC/MS                | Garg et al., 2016      |                        |
|  | Delphinidin with hexose and rhamnose                            | n/a                        | HPLC/MS                | Bartl et al., 2015     |                        |
|  | Delphinidin with hexose/3 hexose and rhamnose/<br>coumaric acid | n/a                        | HPLC/MS                | Bartl et al., 2015     |                        |
|  | Malvidin-3-glucoside  | 10.26–13.81                | HPLC                   | Ficco et al., 2014     |                        |
|  |   | n/a                        | UPLC/MS                | Garg et al., 2016      |                        |
|  |   | 5.50                       | UPLC                   | Sharma N. et al., 2018 |                        |
|  |   | 2.10–7.29                  | HPLC                   | Iannucci et al., 2022  |                        |
|  |   | 2.0                        | LC-MS                  | Abdel-Aal et al., 2006 |                        |
|  | Malvidin-3-rutinoside   | n/a                        | HPLC/MS                | Bartl et al., 2015     |                        |
|  |   | n/a                        | UPLC/MS                | Garg et al., 2016      |                        |
|  |   | n/a                        | HPLC/MS                | Razgonova et al., 2021 |                        |
|  | Malvidin-3-(6"-p-caffeoylglucoside)                             | n/a                        | UPLC/MS                | Garg et al., 2016      |                        |
|  | Malvidin-3-rutinoside-5-glucoside                               | n/a                        | UPLC/MS                | Garg et al., 2016      |                        |
|  |   | n/a                        | HPLC/MS                | Razgonova et al., 2021 |                        |
|  | Malvidin with 2 hexose and rhamnose                             | n/a                        | HPLC/MS                | Bartl et al., 2015     |                        |
|  | Pelargonidin-3-glucoside  | 0.39                       | UPLC                   | Sharma N. et al., 2018 |                        |
|  | Pelargonidin-3-rutinoside                                       | n/a                        | UPLC/MS                | Garg et al., 2016      |                        |
|  | Pelargonidin-3-(6"-malonylglucoside)                            | n/a                        | UPLC/MS                | Garg et al., 2016      |                        |
|  |   | n/a                        | HPLC/MS                | Razgonova et al., 2021 |                        |
|  |   | 0.95–3.49                  | HPLC                   | Ficco et al., 2014     |                        |
|  | Peonidin-3-galactoside  | 1.9                        | HPLC                   | Ficco et al., 2014     |                        |
|  |   | Peonidin-3-glucoside       | 0.76–0.99              | HPLC                   | Ficco et al., 2014     |
|  |   |                            | n/a                    | UPLC/MS                | Garg et al., 2016      |
|  |   |                            | n/a                    | HPLC/MS                | Razgonova et al., 2021 |
|  | Peonidin-3-rutinoside   | 8.45–12.30                 | HPLC                   | Iannucci et al., 2022  |                        |
|  |   | 1.2                        | LC-MS                  | Abdel-Aal et al., 2006 |                        |
| n/a  |   | HPLC/MS                    | Bartl et al., 2015     |                        |                        |
| n/a  |   | UPLC/MS                    | Garg et al., 2016      |                        |                        |
| 0.76   |   | UPLC                       | Sharma N. et al., 2018 |                        |                        |
| Peonidin-3,5-diglucoside                             | n/a   | HPLC/MS                    | Razgonova et al., 2021 |                        |                        |
|  | n/a   | UPLC/MS                    | Garg et al., 2016      |                        |                        |
|  | 0.31  | UPLC                       | Sharma N. et al., 2018 |                        |                        |
| Peonidin-3-rutinoside-5-glucoside                    | n/a   | UPLC/MS                    | Garg et al., 2016      |                        |                        |
| Peonidin with 2 hexose<br>and rhamnose/coumaric acid | n/a   | HPLC/MS                    | Bartl et al., 2015     |                        |                        |
| Petunidin-3-glucoside                                | 2.2   | LC-MS                      | Abdel-Aal et al., 2006 |                        |                        |
|  | n/a   | UPLC/MS                    | Garg et al., 2016      |                        |                        |
|  | 3.18  | UPLC                       | Sharma N. et al., 2018 |                        |                        |
|  | 13.75–25.19   | HPLC                       | Iannucci et al., 2022  |                        |                        |
| Petunidin-3-rutinoside                               | 4.5   | LC-MS                      | Abdel-Aal et al., 2006 |                        |                        |
| Petunidin-3-rutinoside-5-glucoside                   | n/a   | UPLC/MS                    | Garg et al., 2016      |                        |                        |
|  | n/a   | HPLC/MS                    | Razgonova et al., 2021 |                        |                        |
| Petunidin with hexose and rhamnose                   | n/a   | HPLC/MS                    | Bartl et al., 2015     |                        |                        |

**Продолжение табл. S2**

| Grain color               | Type of anthocyanin                           | Amount µg C3G/g    | Detection method        | References              |
|---------------------------|---|--------------------|-------------------------|-------------------------|
| Purple                    | Cyanidin-3-arabinoside                        | 25.1               | HPLC<br>UPLC/MS/MS      | Hosseinian et al., 2008 |
|                           | Cyanidin-3-galactoside                        | 72.0               | HPLC<br>UPLC/MS/MS      | Hosseinian et al., 2008 |
|                           | Cyanidin-3-glucoside                          | 4.0                | LC-MS                   | Abdel-Aal et al., 2006  |
|                           |   | 103.0              | HPLC<br>UPLC/MS/MS      | Hosseinian et al., 2008 |
|                           |   | 0.63–29.00         | HPLC                    | Ficco et al., 2014      |
|                           |   | n/a                | HPLC/MS                 | Bartl et al., 2015      |
|                           |   | n/a                | UPLC/MS                 | Garg et al., 2016       |
|                           |   | 116.7              | LC-MS                   | Abdel-Aal et al., 2018  |
|                           |   | 2.64               | UPLC                    | Sharma N. et al., 2018  |
|                           |   | 3.12–4.86          | HPLC                    | Iannucci et al., 2022   |
|                           |   | 65.51–161.15       | UHPLC-QQQ-MS/MS         | Jiang et al., 2024      |
|                           |   | 4.48–254.2         | HPLC                    | Shamanin et al., 2024   |
|                           | Cyanidin-3-rutinoside                         | n/a                | UPLC/MS                 | Garg et al., 2016       |
|                           |   | 85.1               | LC-MS                   | Abdel-Aal et al., 2018  |
|                           |   | 0.20               | UPLC                    | Sharma N. et al., 2018  |
|                           |   | 3.01–13.79         | UHPLC-QQQ-MS/MS         | Jiang et al., 2024      |
|                           |   | 6.13–161.2         | HPLC                    | Shamanin et al., 2024   |
|                           | Cyanidin-3-rutinoside-3'-glucoside            | n/a                | UPLC/MS                 | Garg et al., 2016       |
|                           | Cyanidin-3-(6"-malonylglucoside)              | 1.2                | LC-MS                   | Abdel-Aal et al., 2006  |
|                           |   | n/a                | UPLC/MS                 | Garg et al., 2016       |
|                           |   | 150.3              | LC-MS                   | Abdel-Aal et al., 2018  |
|                           |   | 1.94–7.38          | UHPLC-QQQ-MS/MS         | Jiang et al., 2024      |
|                           | Cyanidin-3-(3",6"-dimalonylglucoside)         | n/a                | UPLC/MS                 | Garg et al., 2016       |
|                           | Cyanidin-3-(6"-feruloylglucoside)-5-glucoside | n/a                | UPLC/MS                 | Garg et al., 2016       |
|                           | Cyanidin-3-(6"-succinylglucoside)             | 2.9                | LC-MS                   | Abdel-Aal et al., 2006  |
|                           |   | n/a                | UPLC/MS                 | Garg et al., 2016       |
|                           |   | 7.1–14.4           | UHPLC-QQQ-MS/MS         | Jiang et al., 2024      |
|                           | Cyanidin-3,5-diglucoside                      | 1.7                | LC-MS                   | Abdel-Aal et al., 2006  |
|                           |   | 1.45–2.87          | UHPLC-QQQ-MS/MS         | Jiang et al., 2024      |
|                           |   | 162.2              | HPLC                    | Shamanin et al., 2024   |
|                           | Cyanidin-3-(6"-acetylglucoside)               | 1.22–3.63          | UHPLC-QQQ-MS/MS         | Jiang et al., 2024      |
|                           | Cyanidin-malonyl-acetyl-glucoside             | 0.75–0.78          | UHPLC-QQQ-MS/MS         | Jiang et al., 2024      |
|                           | Cyanidin with hexose and malonic/acetic acid  | n/a                | HPLC/MS                 | Bartl et al., 2015      |
| Cyanidin chloride         | 5.2   | HPLC<br>UPLC/MS/MS | Hosseinian et al., 2008 |                         |
|                           | 0.53–1.42                                     | UHPLC-QQQ-MS/MS    | Jiang et al., 2024      |                         |
|                           | 16.7  | HPLC<br>UPLC/MS/MS | Hosseinian et al., 2008 |                         |
| Delphinidin-3-galactoside | 38.3  | HPLC<br>UPLC/MS/MS | Hosseinian et al., 2008 |                         |
|                           | 0.40  | UPLC               | Sharma N. et al., 2018  |                         |
| Delphinidin-3-glucoside   | n/a   | UPLC/MS            | Garg et al., 2016       |                         |
|                           | 0.08  | UPLC               | Sharma N. et al., 2018  |                         |
|                           | 1.20  | HPLC               | Iannucci et al., 2022   |                         |
|                           | 24.46–45.13                                   | UHPLC-QQQ-MS/MS    | Jiang et al., 2024      |                         |
| Delphinidin-3-rutinoside  | n/a   | HPLC/MS            | Bartl et al., 2015      |                         |
|                           | n/a   | UPLC/MS            | Garg et al., 2016       |                         |
|                           | 3.7   | LC-MS              | Abdel-Aal et al., 2018  |                         |
|                           | 1.64–2.40                                     | UHPLC-QQQ-MS/MS    | Jiang et al., 2024      |                         |
|                           | 2.66  | HPLC               | Iannucci et al., 2022   |                         |

## Продолжение табл. S2

| Grain color                                      | Type of anthocyanin                       | Amount µg C3G/g       | Detection method        | References              |
|--|---|-----------------------|-------------------------|-------------------------|
| Purple   | Delphinidin-3-(6"-malonylglucoside)       | 3.5                   | LC-MS                   | Abdel-Aal et al., 2018  |
|  |   | 0.67–1.83             | UHPLC-QQQ-MS/MS         | Jiang et al., 2024      |
|  | Delphinidin-3-(6"-caffeoylglucoside)      | n/a                   | UPLC/MS                 | Garg et al., 2016       |
|  | Delphinidin with hexose and coumaric acid | n/a                   | HPLC/MS                 | Bartl et al., 2015      |
|  | Malvidin-3-glucoside                      | 51.6                  | HPLC                    | Hosseinian et al., 2008 |
|  |   |                       | UPLC/MS/MS              |                         |
|  |   | 0.17–2.35             | HPLC                    | Ficco et al., 2014      |
|  |   | n/a                   | UPLC/MS                 | Garg et al., 2016       |
|  |   | 1.32                  | UPLC                    | Sharma N. et al., 2018  |
|  |   | 33.30–76.82           | UHPLC-QQQ-MS/MS         | Jiang et al., 2024      |
|  |   | 6.68–31.88            | HPLC                    | Shamanin et al., 2024   |
|  |   | Malvidin-3-rutinoside | n/a                     | HPLC/MS                 |
|  | n/a                                       |                       | UPLC/MS                 | Garg et al., 2016       |
|  | 2.6                                       |                       | LC-MS                   | Abdel-Aal et al., 2018  |
|  | 14.74–20.79                               |                       | UHPLC-QQQ-MS/MS         | Jiang et al., 2024      |
|  | Malvidin-3-(6"-p-caffeoylglucoside)       | n/a                   | UPLC/MS                 | Garg et al., 2016       |
|  | Malvidin-3-rutinoside-5-glucoside         | n/a                   | UPLC/MS                 | Garg et al., 2016       |
|  | Malvidin-(6"-succinylglucoside)           | 1.3                   | LC-MS                   | Abdel-Aal et al., 2018  |
|  |   | 1.54–2.66             | UHPLC-QQQ-MS/MS         | Jiang et al., 2024      |
|  | Pelargonidin-3-arabinoside                | 9.3                   | HPLC                    | Hosseinian et al., 2008 |
|  |   |                       | UPLC/MS/MS              |                         |
|  | Pelargonidin-3-galactoside                | 26.1                  | HPLC                    | Hosseinian et al., 2008 |
|  |   |                       | UPLC/MS/MS              |                         |
|  | Pelargonidin-3-glucoside                  | 28.8                  | HPLC                    | Hosseinian et al., 2008 |
|  |   |                       | UPLC/MS/MS              |                         |
|  |   | n/a                   | HPLC/MS                 | Bartl et al., 2015      |
|  |   | n/a                   | UPLC/MS                 | Garg et al., 2016       |
|  |   | 1.88                  | UPLC                    | Sharma N. et al., 2018  |
|  |   | 1.31–2.60             | UHPLC-QQQ-MS/MS         | Jiang et al., 2024      |
|  |   | 2.84–111.8            | HPLC                    | Shamanin et al., 2024   |
|  | Pelargonidin-3-rutinoside                 | n/a                   | UPLC/MS                 | Garg et al., 2016       |
|  |   | 0.14–0.23             | UHPLC-QQQ-MS/MS         | Jiang et al., 2024      |
| Pelargonidin-3-(6"-malonylglucoside)             | n/a                                       | UPLC/MS               | Garg et al., 2016       |                         |
|  | 1.2                                       | LC-MS                 | Abdel-Aal et al., 2018  |                         |
| Pelargonidin 3-(6-malonyl acetyl glucoside)      | 0.22–0.40                                 | UHPLC-QQQ-MS/MS       | Jiang et al., 2024      |                         |
| Pelargonidin with hexose and acetic/malonic acid | n/a                                       | HPLC/MS               | Bartl et al., 2015      |                         |
| Peonidin-3-arabinoside                           | 28.4                                      | HPLC                  | Hosseinian et al., 2008 |                         |
|  |   | UPLC/MS/MS            |                         |                         |
| Peonidin-3-galactoside                           | 0.06–3.11                                 | HPLC                  | Ficco et al., 2014      |                         |
| Peonidin-3-glucoside                             | 2.1                                       | LC-MS                 | Abdel-Aal et al., 2006  |                         |
|  |   | 2.7                   | HPLC                    | Hosseinian et al., 2008 |
|  |   | UPLC/MS/MS            |                         |                         |
|  | n/a                                       | HPLC/MS               | Bartl et al., 2015      |                         |
|  | n/a                                       | UPLC/MS               | Garg et al., 2016       |                         |
|  | 27.4                                      | LC-MS                 | Abdel-Aal et al., 2018  |                         |
|  | 1.27–2.80                                 | HPLC                  | Iannucci et al., 2022   |                         |
|  | 55.94–90.79                               | UHPLC-QQQ-MS/MS       | Jiang et al., 2024      |                         |
|  | 4.42–132.4                                | HPLC                  | Shamanin et al., 2024   |                         |
| Peonidin-3-rutinoside                            | 7.4                                       | LC-MS                 | Abdel-Aal et al., 2018  |                         |
|  | 3.86–5.74                                 | UHPLC-QQQ-MS/MS       | Jiang et al., 2024      |                         |

**Продолжение табл. S2**

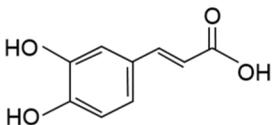
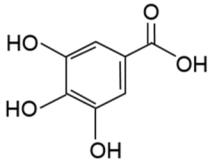
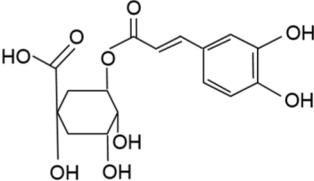
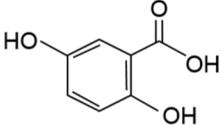
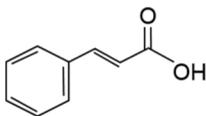
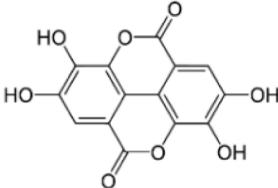
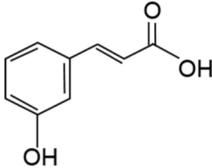
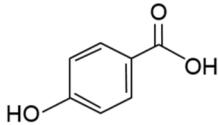
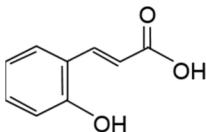
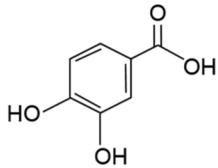
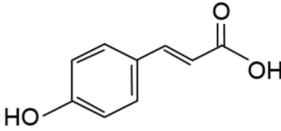
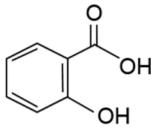
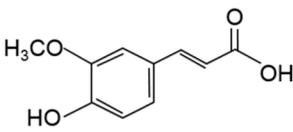
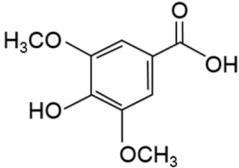
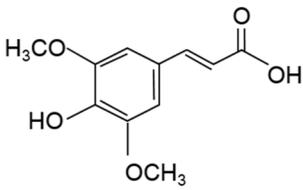
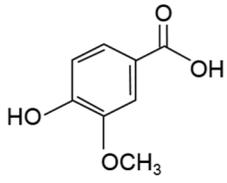
| Grain color | Type of anthocyanin                                   | Amount µg C3G/g | Detection method   | References              |
|-------------|---|-----------------|--------------------|-------------------------|
| Purple      | Peonidin-3,5-diglucoside                              | n/a             | UPLC/MS            | Garg et al., 2016       |
|             | Peonidin-3-(6"-malonylglucoside)                      | 0.6             | LC-MS              | Abdel-Aal et al., 2006  |
|             |   | 18.4            | LC-MS              | Abdel-Aal et al., 2018  |
|             |   | 1.60–5.14       | UHPLC-QQQ-MS/MS    | Jiang et al., 2024      |
|             |   | n/a             | UPLC/MS            | Garg et al., 2016       |
|             | Peonidin-3-rutinoside-5-glucoside                     | n/a             | UPLC/MS            | Garg et al., 2016       |
|             | Peonidin-3-(6"-succinyl glucoside)                    | 0.6             | LC-MS              | Abdel-Aal et al., 2006  |
|             |   | 4.29–7.82       | UHPLC-QQQ-MS/MS    | Jiang et al., 2024      |
|             | Peonidin-malonyl-succinyl-glucoside                   | 0.5             | LC-MS              | Abdel-Aal et al., 2006  |
|             | Peonidin malonyl acetyl glucoside                     | 2.26–3.87       | UHPLC-QQQ-MS/MS    | Jiang et al., 2024      |
|             | Peonidin-3-(6"-acetylglucoside)                       | 0.65–1.82       | UHPLC-QQQ-MS/MS    | Jiang et al., 2024      |
|             | Peonidin with hexose/rhamnose and malonic/acetic acid | n/a             | HPLC/MS            | Bartl et al., 2015      |
|             | Petunidin-3-glucoside                                 | 40.4            | HPLC               | Hosseinian et al., 2008 |
|             |   |                 | UPLC/MS/MS         |                         |
|             |   | n/a             | UPLC/MS            | Garg et al., 2016       |
|             |   | 0.93–1.01       | HPLC               | Iannucci et al., 2022   |
|             |   | 6.51–13.82      | UHPLC-QQQ-MS/MS    | Jiang et al., 2024      |
|             |   | 1.54–1.97       | UHPLC-QQQ-MS/MS    | Jiang et al., 2024      |
|             |   | n/a             | UPLC/MS            | Garg et al., 2016       |
|             |   | 3.2             | LC-MS              | Abdel-Aal et al., 2018  |
| 0.39–0.66   |   | UHPLC-QQQ-MS/MS | Jiang et al., 2024 |                         |
| n/a         |   | HPLC/MS         | Bartl et al., 2015 |                         |
| Black       | Cyanidin-3-glucoside                                  | n/a             | UPLC/MS            | Garg et al., 2016       |
|             |   | 20.50           | UPLC               | Sharma N. et al., 2018  |
|             |   | 14.37–326.2     | HPLC               | Shamanin et al., 2024   |
|             | Cyanidin 3-(2"-galloylglucoside)                      | n/a             | HPLC/MS            | Razgonova et al., 2021  |
|             | Cyanidin-3-rutinoside                                 | 7.27–90.91      | HPLC               | Shamanin et al., 2024   |
|             | Cyanidin-3-rutinoside-3'-glucoside                    | n/a             | UPLC/MS            | Garg et al., 2016       |
|             |   | 11.14           | UPLC               | Sharma N. et al., 2018  |
|             | Cyanidin-3,5-diglucoside                              | 251.1           | HPLC               | Shamanin et al., 2024   |
|             | Cyanidin-3-(6"-malonylglucoside)                      | n/a             | UPLC/MS            | Garg et al., 2016       |
|             | Cyanidin-3-(3",6"-dimalonylglucoside)                 | n/a             | UPLC/MS            | Garg et al., 2016       |
|             |   | n/a             | HPLC/MS            | Razgonova et al., 2021  |
|             | Cyanidin-3-(6"-succinylglucoside)                     | n/a             | UPLC/MS            | Garg et al., 2016       |
|             | Cyanidin-3-(2G-xylosylrutinoside)                     | n/a             | UPLC/MS            | Garg et al., 2016       |
|             | Cyanidin-3-(6"-feruloylglucoside)-5-glucoside         | n/a             | UPLC/MS            | Garg et al., 2016       |
|             | Delphinidin-3-galactoside                             | 29.14           | UPLC               | Sharma N. et al., 2018  |
|             | Delphinidin-3-glucoside                               | n/a             | UPLC/MS            | Garg et al., 2016       |
|             |   | 25.64           | UPLC               | Sharma N. et al., 2018  |
|             |   | 45.25–132.4     | HPLC               | Shamanin et al., 2024   |
|             | Delphinidin-3-rutinoside                              | n/a             | UPLC/MS            | Garg et al., 2016       |
|             |   | 0.66            | UPLC               | Sharma N. et al., 2018  |
|             | Delphinidin-3-(6"-malonylglucoside)                   | n/a             | UPLC/MS            | Garg et al., 2016       |
|             | Delphinidin-3-caffeoylglucoside                       | n/a             | UPLC/MS            | Garg et al., 2016       |
|             | Malvidin-3-glucoside                                  | n/a             | UPLC/MS            | Garg et al., 2016       |
|             |   | 2.18            | UPLC               | Sharma N. et al., 2018  |
|             |   | 79.66–236.0     | HPLC               | Shamanin et al., 2024   |
|             | Malvidin-3-rutinoside                                 | n/a             | UPLC/MS            | Garg et al., 2016       |
|             |   | n/a             | HPLC/MS            | Razgonova et al., 2021  |

**Окончание табл. S2**

| Grain color                        | Type of anthocyanin                  | Amount µg C3G/g | Detection method       | References             |
|------------------------------------|--------------------------------------|-----------------|------------------------|------------------------|
| Black                              | Malvidin-3-rutinoside-5-glucoside    | n/a             | UPLC/MS                | Garg et al., 2016      |
|                                    | Malvidin-3-(6"-p-caffeoylglucoside)  | n/a             | UPLC/MS                | Garg et al., 2016      |
|                                    | Pelargonidin-3-glucoside             | n/a             | UPLC/MS                | Garg et al., 2016      |
|                                    |                                      | 2.13            | UPLC                   | Sharma N. et al., 2018 |
|                                    |                                      | 1.11–58.61      | HPLC                   | Shamanin et al., 2024  |
|                                    | Pelargonidin-3-rutinoside            | n/a             | UPLC/MS                | Garg et al., 2016      |
|                                    | Pelargonidin-3-(6"-malonylglucoside) | n/a             | UPLC/MS                | Garg et al., 2016      |
|                                    | Peonidin-3-glucoside                 | n/a             | UPLC/MS                | Garg et al., 2016      |
|                                    |                                      | 1.40            | UPLC                   | Sharma N. et al., 2018 |
|                                    |                                      | n/a             | HPLC/MS                | Razgonova et al., 2021 |
|                                    |                                      | 29.89–57.61     | HPLC                   | Shamanin et al., 2024  |
|                                    | Peonidin-3-rutinoside                | n/a             | UPLC/MS                | Garg et al., 2016      |
|                                    |                                      | 0.97            | UPLC                   | Sharma N. et al., 2018 |
|                                    |                                      | n/a             | HPLC/MS                | Razgonova et al., 2021 |
|                                    | Peonidin-3,5-diglucoside             | n/a             | UPLC/MS                | Garg et al., 2016      |
|                                    |                                      | 0.23            | UPLC                   | Sharma N. et al., 2018 |
|                                    | Peonidin-3-rutinoside-5-glucoside    | n/a             | UPLC/MS                | Garg et al., 2016      |
|                                    |                                      | n/a             | HPLC/MS                | Razgonova et al., 2021 |
| Petunidin-3-glucoside              | n/a                                  | UPLC/MS         | Garg et al., 2016      |                        |
|                                    | 2.29                                 | UPLC            | Sharma N. et al., 2018 |                        |
| Petunidin-3-rutinoside-5-glucoside | n/a                                  | UPLC/MS         | Garg et al., 2016      |                        |

LC – liquid chromatography, HPLC – high-performance liquid chromatography, UPLC – ultra-performance liquid chromatography, UHPLC – ultra high performance liquid chromatography, MS – mass spectrometry, QQQ-MS/MS – triple quadrupole tandem mass spectrometry.

**Таблица S3.** Фенольные кислоты, присутствующие в зерне пшеницы

| Hydroxycinnamic acids (C6-C3)       | Chemical structure  | Hydroxybenzoic acids (C6-C1)             | Chemical structure  |
|-------------------------------------|---|--|---|
| Caffeic acid                        |    | Gallic acid                              |    |
| Chlorogenic acid                    |    | Gentisic acid                            |    |
| Cinnamic acid                       |    | Ellagic acid                             |    |
| m-Coumaric acid (3-Hydroxycinnamic) |   | p-Hydroxybenzoic acid (4-Hydroxybenzoic) |   |
| o-Coumaric acid (2-Hydroxycinnamic) |  | Protocatechuic acid                      |  |
| p-Coumaric acid (4-Hydroxycinnamic) |  | Salicylic acid                           |  |
| Ferulic acid                        |  | Syringic acid                            |  |
| Sinapic acid                        |  | Vanillic acid                            |  |

**Таблица S4.** Содержание свободных и связанных фенольных кислот в зерне пшеницы с различной окраской

| Grain color | Part of grain | Free                         | Bound                        | TPC  | Reference                |
|-------------|---------------|------------------------------|------------------------------|--|--------------------------|
| Blue        | Bran          | n/a                          | n/a                          | 761.64 mg FAE/100 g                        | Siebenhandl et al., 2007 |
| Purple      | Bran + shorts | n/a                          | n/a                          | 822.23                                     |                          |
| Blue        | Shorts        | n/a                          | n/a                          | 619.98                                     |                          |
| Purple      | Whole meal    | n/a                          | n/a                          | 197.35                                     |                          |
| Blue        | Flour         | n/a                          | n/a                          | 64.65                                      |                          |
| Purple      |               | n/a                          | n/a                          | 81.16                                      |                          |
| Red         | Whole meal    | n/a                          | n/a                          | 323–334 mg CE/100 g<br>( <i>T. durum</i> ) | Ficco et al., 2014       |
| Blue        |               | n/a                          | n/a                          | 682  |                          |
| Purple      |               | n/a                          | n/a                          | 316–626 ( <i>T. durum</i> )                |                          |
| White       | Whole meal    | 506.5 µg GAE/g               | n/a                          | n/a  | Li et al., 2015          |
| Purple      |               | 525.9–544.1                  | n/a                          | n/a  |                          |
| Black       |               | 659.8                        | n/a                          | n/a  |                          |
| White       | Whole meal    | 67.94–75.36 µg/g             | 603.1–616.1 µg/g             | 1147.0–1208.7 µg FAE/g                     | Ma et al., 2016          |
| Red         |               | 101.67–113.66                | 702.5–767.1                  | 1256.9–1347.6                              |                          |
| Purple      |               | 98.19–95.71                  | 903.9–917.2                  | 1489.8–1525.1                              |                          |
| White       | Whole meal    | 955.4 µg GAE/g               | n/a                          | n/a  | Sharma S. et al., 2018   |
| Blue        |               | 1159.6–1202.7                | n/a                          | n/a  |                          |
| Purple      |               | 1101.6–1223.0                | n/a                          | n/a  |                          |
| Black       |               | 1174.0–1186.7                | n/a                          | n/a  |                          |
| Blue        | Outer bran    | 874.49 µg GAE/g              | 6862.68 µg GAE/g             | n/a  | Zhang et al., 2018       |
| Purple      |               | 1139.79                      | 6872.68                      | n/a  |                          |
| Black       |               | 590.38                       | 7679.60                      | n/a  |                          |
| Blue        | Coarse bran   | 476.41                       | 4522.18                      | n/a  |                          |
| Purple      |               | 636.35                       | 5257.32                      | n/a  |                          |
| Black       |               | 495.25                       | 5179.15                      | n/a  |                          |
| Blue        | Shorts        | 450.15                       | 3937.84                      | n/a  |                          |
| Purple      |               | 433.49                       | 3508.70                      | n/a  |                          |
| Black       |               | 452.25                       | 4195.39                      | n/a  |                          |
| Red         | Whole meal    | 21.74 mg GAE/100 g           | 192.38 mg GAE/100 g          | n/a  | Wang et al., 2020        |
| Yellow      |               | 7.57                         | 45.56                        | n/a  |                          |
| Blue        |               | 13.49                        | 134.23                       | n/a  |                          |
| Purple      |               | 28.14                        | 242.91                       | n/a  |                          |
| Black       |               | 45.21                        | 397.58                       | n/a  |                          |
| Blue        | Flour         | n/a                          | n/a                          | 0.93 mg FAE/g                              | Iannucci et al., 2022    |
| Purple      |               | n/a                          | n/a                          | 0.80–0.90                                  |                          |
| Blue        | Bran          | n/a                          | n/a                          | 9.05                                       |                          |
| Purple      |               | n/a                          | n/a                          | 5.84–7.28                                  |                          |
| Blue        | Whole meal    | n/a                          | n/a                          | 2.23                                       |                          |
| Purple      |               | n/a                          | n/a                          | 1.50–2.47                                  |                          |
| Red         | Whole meal    | 188.62–271.05<br>mg GAE/100g | 226.76–487.21<br>mg GAE/100g | 445.68–708.25<br>mg GAE/100g               | Shamanin et al., 2022    |
| Blue        |               | 204.38–246.89                | 252.62–519.89                | 457.00–766.74                              |                          |
| Purple      |               | 164.03–247.70                | 188.62–565.62                | 352.65–771.83                              |                          |
| Black       |               | 190.31–217.65                | 258.80–322.97                | 475.99–520.28                              |                          |
| Yellow      | Bran          | n/a                          | n/a                          | 99.17 mg TAE/100 g                         | Saini et al., 2023       |
| Purple      |               | n/a                          | n/a                          | 177.75–188.32                              |                          |
| Yellow      | Flour         | n/a                          | n/a                          | 82.21                                      |                          |
| Purple      |               | n/a                          | n/a                          | 153.44–160.26                              |                          |
| Red         | Whole meal    | 106 mg/kg                    | 931 mg/kg                    | n/a  | Sardella et al., 2023    |
| Yellow      |               | 126                          | 916                          | n/a  |                          |
| Blue        |               | 111–165                      | 842–1073                     | n/a  |                          |
| Purple      |               | 133–146                      | 831–992                      | n/a  |                          |
| Black       |               | 153–155                      | 1041–1066                    | n/a  |                          |

TPC – total phenolic content, CE – catechin equivalent, GAE – gallic acid equivalent, FAE – ferulic acid equivalent, TAE – tannic acid equivalent.

**Таблица S5.** Показатели антиоксидантной активности зерна пшеницы с различной окраской

| Wheat color | Part of grain                  | TAA                      |                            |   | Reference                |
|-------------|--------------------------------|--------------------------|----------------------------|---|--------------------------|
|             |                                | DPPH                     | ABTS                       | Other   |                          |
| Blue        | Bran                           | 2.11 TE mmol/100 g       | n/a                        | n/a   | Siebenhandl et al., 2007 |
| Purple      | Bran + shorts                  | 1.91                     | n/a                        | n/a   |                          |
| Blue        | Shorts                         | 1.75                     | n/a                        | n/a   |                          |
| Purple      | Whole meal                     | 0.63                     | n/a                        | n/a   |                          |
| Blue        | Flour                          | 0.39                     | n/a                        | n/a   |                          |
| Purple      |                                | 0.47                     | n/a                        | n/a   |                          |
| Red         | Whole meal ( <i>T. durum</i> ) | n/a                      | 14.23–15.57 mmol TE/kg     | n/a   | Ficco et al., 2014       |
| Blue        | Whole meal                     | n/a                      | 24.11                      | n/a   | Li et al., 2015          |
| Purple      | Whole meal ( <i>T. durum</i> ) | n/a                      | 20.53–24.61                | n/a   |                          |
| White       | Whole meal                     | n/a                      | 10.0 $\mu$ mol TE/g        | 31.7 $\mu$ mol FeSO <sub>4</sub> /g (FRAP)        |                          |
| Purple      |                                | n/a                      | 9.5–9.8                    | 28.1–28.2   | Ma et al., 2016          |
| Black       |                                | n/a                      | 9.9                        | 35.9  |                          |
| White       | Whole meal                     | n/a                      | 12.67–12.80 $\mu$ mol TE/g | 10.55–10.79 $\mu$ mol FeSO <sub>4</sub> /g (FRAP) |                          |
| Red         |                                | n/a                      | 12.72–13.00                | 11.39–12.29                                       | Abdel-Aal et al., 2018   |
| Purple      |                                | n/a                      | 14.08–14.35                | 13.56–15.73                                       |                          |
| Purple      | Whole meal                     | 3.1 mmol TE/g            | 1.3 mmol TE/g              | 0.55 mmol TE/g (ORAC)                             |                          |
|             | Bran                           | 6.7                      | 2.6                        | 1.05  | Sharma S. et al., 2018   |
| White       | Whole meal                     | 9.4 Ppm TE               | 58.8 Ppm TE                | 139 ppm Asc (PCL)                                 |                          |
| Blue        |                                | 13.3–14.2                | 93.6–97.5                  | 487–775   |                          |
| Purple      |                                | 14.3–14.8                | 75.2–78.1                  | 325–572   |                          |
| Black       |                                | 15.1–16.0                | 86.7–86.9                  | 728–930   |                          |
| Red         | Whole meal                     | mmol TE/kg 226.55        | mmol TE/kg 105.24          | n/a   | Wang et al., 2020        |
| Yellow      |                                | 89.93                    | 38.90                      | n/a   |                          |
| Blue        |                                | 159.66                   | 71.56                      | n/a   |                          |
| Purple      |                                | 273.40                   | 134.64                     | n/a   |                          |
| Black       |                                | 450.92                   | 219.31                     | n/a   |                          |
| Blue        | Flour                          | 8.35                     | 2.13                       | n/a   | Iannucci et al., 2022    |
| Purple      |                                | 8.03–8.14 $\mu$ mol TE/g | $\mu$ mol TE/g 1.67–1.68   | n/a   |                          |
| Blue        | Bran                           | 36.37                    | 22.27                      | n/a   |                          |
| Purple      |                                | 29.56–33.21              | 12.99–15.88                | n/a   |                          |
| Blue        | Whole meal                     | 9.64                     | 2.70                       | n/a   |                          |
| Purple      |                                | 8.47–9.95                | 1.70–1.75                  | n/a   |                          |
| red         | Whole meal                     | Free (AA%)<br>47.9–59.5  | Bound (AA%)<br>47.7–61.9   | n/a   | Shamanin et al., 2022    |
| Blue        |                                | 53.6–57.8                | 62.2–62.2                  | n/a   |                          |
| Purple      |                                | 39.7–56.7                | 42.6–61.2                  | n/a   |                          |
| Black       |                                | 48.0–54.4                | 50.2–57.6                  | n/a   |                          |
|             |                                |                          |                            |   |                          |

## Окончание табл. S5

| Wheat color | Part of grain | TAA             |               |                          | Reference             |
|-------------|---------------|-----------------|---------------|--------------------------|-----------------------|
|             |               | DPPH            | ABTS          | Other                    |                       |
| Yellow      | Bran          | 4.05 mmol TE/kg | n/a           | n/a                      | Saini et al., 2023    |
| Purple      |               | 7.83–9.44       | n/a           | n/a                      |                       |
| Yellow      | Flour         | 2.04            | n/a           | n/a                      |                       |
| Purple      |               | 3.12–3.81       | n/a           | n/a                      |                       |
| Red         | Whole meal    | n/a             | 16 mmol TE/kg | 10 mmol TE/kg (FRAP)     | Sardella et al., 2023 |
| Yellow      |               | n/a             | 16.8          | 10.2                     |                       |
| Blue        |               | n/a             | 15.5–17.1     | 10.3–10.6                |                       |
| Purple      |               | n/a             | 15–17.4       | 10.2–12.2                |                       |
| Black       |               | n/a             | 16.7          | 11.7–11.9                |                       |
| Red         |               | Whole meal      | n/a           | 63.44–188.97 mg TE/100 g |                       |
| Blue        | n/a           |                 | 62.03–77.09   | 289.80–401.87            |                       |
| Purple      | n/a           |                 | 61.86–320.97  | 107.73–315.73            |                       |
| Black       | n/a           |                 | 96.31–290.81  | 175.20–483.73            |                       |

TAA – total antioxidant activity, Asc – ascorbic acid equivalent, TE – trolox equivalent, ABTS – 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) method, DPPH – 2,2-diphenyl-1-picrylhydrazyl test, PCL – chemiluminescence, FRAP – ferric reducing antioxidant power, ORAC – oxygen radical absorbance capacity.

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